



# CyberBullying

Putnam City Schools

# What is Cyberbullying?

- "Cyberbullying" is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones." ("Stopcyberbullying.org")

# What does Cyberbullying look like?

- hostile instant messages/texting/posting
- posting videos of people being bullied and harassed or physically assaulted
- posting embarrassing videos

# What does Cyberbullying look like?

- stolen passwords
- doctored photos
- internet polling
- impersonation
- rumor spreading

# How to prevent Cyberbullying

# Keep your private info Private

- Make strong passwords, use a combination of letters, numbers and symbols.
- Change passwords often.
- Understand and use the privacy settings in your social networking accounts.
- Teach you child not to share information electronically that they wouldn't want the world to know.

# Don't Participate in Bullying

- Cyber-bullies often think what they are doing is funny and/or harmless. Put yourself in the shoes of the person who is being bullied. How would it make you feel.
- Be cautious about what you forward, repost and re-tweet.
- Realize that you can't take everything you see online at face value.

# CyberBullying

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- Never, ever impersonate someone else online.
- Never post a picture of someone without their consent.
- Understand that once something is posted it can never really be taken back.

What to do if your Child is  
the victim of Cyberbullying

# Stop

- Don't respond back to bullies.
- The goal of the bully is to illicit a response, don't give them the the response they desire.
- Never attempt to bully back.

# Block

- Use privacy setting to block the bully.
- You and your child decide who has access to your child.
- Contact your internet service provider or cell phone provider for help with privacy settings and blocking the bully.

# Report

- Tell a school official.
- Save evidence such as harassing emails or text messages.
- If someone is impersonating you on social media sites. Report it to the site. They will take it down.
- Make a report to [www.cybertipline.com](http://www.cybertipline.com)
- Contact law enforcement if you believe something illegal has occurred

# No one should have to live with a Bully

- If your child is being bullied online please talk to a teacher, counselor, or administrator. They want to help and they can help.

# Credits

- "What is Cyberbullying?." *Stopcyberbullying.org*. wired kids Inc., 06/11/2011. Web. 24 Jun 2011. <[http://www.stopcyberbullying.org/what\\_is\\_cyberbullying\\_exactly.html](http://www.stopcyberbullying.org/what_is_cyberbullying_exactly.html)>.
- Hinduja, S., Patchin J. *Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying*. Thousand Oaks: Corwin Press, 2009.
- *Cyberbulling*. (2010). Retrieved from <http://www.netismartz.org/Cyberbullying>